

Sample Breakfast Menu



BREAKFAST

All items can be customized. Just ask!

Beverages: \$__/ea

Plain Drip Coffee

Hot Chocolate

Hot Tea / Chai Tea

Hot Apple Cider

Orange Juice, Cranberry Juice, Grapefruit Juice

Tomato Juice

Specialty Coffee: \$_/ea

Specify milk preference: skim, almond, 2%, whole, lactose free, etc.

Mocha, Cinnamon Mocha, Raspberry Mocha

Chai Coffee

Vanilla Latte

Smoothies: \$___/ea

Green smoothie (green apple, kale, spinach, banana, ginger, cranberry juice, honey)

Strawberry Banana (strawberries, banana, yogurt, milk)

Berry (blueberries, raspberries, strawberry, banana, milk)

Tropical (pineapple, mango, strawberry, orange juice)

Other flavors: peach, peanut butter, chocolate, strawberry, vanilla

Add: chia seeds, flax seed or protein powder for \$1 each

Pastries:

All pastries come with butter. Cream cheese or jam is extra per order.

Croissants \$_/ea

Muffins \$_/ea

Bagels & English Muffins \$_/ea

Cinnamon Rolls \$__ for 6

Homemade Biscuits \$__ for 6 Add gravy for \$__

Toast (white, wheat, multi-grain, etc) \$_ per order

Additional fee \$50 to either drop off food with serving instructions or \$50/hr to have Chef Lauren on-site to prepare, serve and clean up.

Omelettes: 3 eggs per order \$___/ea

Specify: Egg whites or whole eggs

Choose 3 ingredients: bacon, ham, turkey or turkey sausage, swiss, cheddar, feta, Parmesan, cherry tomatoes, zucchini, onion, jalapenos, salsa, spinach, mushrooms, bell pepper

Breakfast Sandwiches: \$___/ea

(English muffin or toast) with (deli turkey or turkey sausage), (swiss or cheddar) cheese, and poached (whole egg or egg white).

Add: spinach, hummus, tomato for \$_ extra

Cereals: \$_/ea

Specify milk preference: skim, almond, 2%, whole, lactose free, etc. or have it over yogurt.

Frosted Flakes, Granola, etc.

Fruit: \$___/cup

Mixed Berries (strawberries, blueberries, raspberries, blackberries), cherries (when available),

Banana, Diced mango and/or papaya (when available), cantaloupe, honey dew, grapes, pineapple

Sample Breakfast Menu p.2

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Breakfast Casseroles \$___/ea

A breakfast casserole serves 6-10 adults and is made with scrambled whole eggs, with your choice of protein and vegetable, shredded cheddar cheese, and baked until set.

Choose 3 additional ingredients: bacon, ham, turkey, sausage, tomatoes, zucchini, onion, jalapenos, salsa, spinach, mushrooms, bell pepper, hashbrowns, cilantro, black beans.

Breakfast Burrito: \$___/ea

Choose: flour, corn or whole wheat tortilla. Mixed with scrambled eggs and cheddar cheese plus your choice of: bacon, ham, turkey, sausage, tomatoes, zucchini, onion, jalapenos, spinach, mushrooms, bell pepper, or hashbrowns, cilantro or black beans. Topped with either green chiles or salsa.

French Toast: \$___/ea

Choose: regular cinnamon and sugar, peaches and cream, blueberry or strawberry. Served with maple syrup and powdered sugar.

Pancakes: \$___/ea

Choose: Chocolate chip with whipped cream, Granola & Banana, Pumpkin, Blueberry, or Cinnamon Roll.

Oatmeal: \$___/ea

Choose: Plain with brown sugar and raisins, peaches & almonds, blueberry, or apple-cinnamon.

Fritata (no crust) & Quiche (crust): \$___/ea

Both fritatas and quiches each serve around 6 adults. Choose your favorite ingredients: bacon, ham, turkey, sausage, tomatoes, broccoli, onion, jalapenos, spinach, mushrooms, bell pepper, zucchini, cilantro, potato, green chiles, cheddar, swiss, or feta.

For the KIDS:

Any of the previous mentioned breakfast items can be made in mini or bite-size form for the kiddos. Just specify which ingredients they like.

*Have something specific in mind, that isn't on this list?
Just let me know, anything can be custom ordered.*

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